Topics covered so far:

> What is population geography? History of population growth and change Measuring population growth Population projections Sources of population data > Population theory **Next topics: Population Dynamics: Mortality Fertility Migration**

Population Dynamics I. Mortality Patterns and Trends

Key terms:

- ≻Mortality
- Age-specific death rate
- J-Shaped mortality curve
- >Infant mortality
- >Neonatal mortality
- Post-neonatal mortality rate
- ≻Life tables
- >Morbidity
- Epidemiologic transition

In demography, the word **mortality** refers to studies of the <u>rates</u> and <u>causes</u> of deaths for a population as a whole or a subset of it, as well as <u>differentials</u> between groups, <u>across space</u>, and <u>over time</u>.

Thus, the various measures of mortality are used to look at differences between localities and between groups of people. "Groups or localities with high mortality rates call out for special attention. A decline in the rates is a gauge of progress."

All of the mortality rates in use are based on simple division—the number of people who die by the number at risk of dying in that group or area.

http://en.citizendium.org/wiki/Demography,_mortality#Measuring_mortality

Two types of mortality rates:

Crude

>Age-specific

Crude Death Rate: CDR

Crude Death Rate (CDR) is calculated by dividing the <u>total number</u> of <u>deaths</u> in a given year by the average (or midyear) <u>total</u> <u>population</u> (times 1000).

The CDR is based on numbers for the <u>entire population</u>, and does not take into account the age structure of population.

Question: The crude death rates in two neighboring countries is 8 per thousand and 5 per thousand. One of the two countries is the US and the other is Mexico. Which of the two has the lower crude death rate of 5 per thousand? Why?

Future changes in CDR in these two countries, and the gaps between them will depend on future differences in the speed with which their respective populations continue to age.

> Watch a webcast on US population ageing http://www.prb.org/Journalists/Webcasts/2008/mortalityandaging.aspx

CDR: USA

The CDR for the United States steadily declined from 17.2 deaths per 1000 in 1900 to 9.6 deaths per thousand in 1950, then stayed frozen for 20 years because, even though people were healthier, the population was getting older. Since 1990 the CDR has been steady at about 8.5 deaths per 1000 per year.

USA



Figure 1. Crude and age-adjusted death rates: United States, 1960–2005

http://www.cdc.gov/nchs/fastats/deaths.htm





AIDS in Africa. Percentage of the adult population (15-49) living with HIV/ADIS



http://www.instablogsimages.com/images/2007/07/17/map-of-africa-coloured-according-to-the-percentage-of-the-adult-ages-15-49-population-with-hivaids_9.jpg



Do you think there is a difference in CDR between the various states of the United States?

If yes, what would be the determining factor (s) ?

This would make a great topic for your term paper !

Age-Specific Rates

➤The probability of dying is closely linked to <u>AGE</u>

Age-specific death rate (ASDR) refers to the number of deaths each year for a specific age group, divided by the mid-year population, that year, of that age group (times 1000).

If two populations have different age distributions, the ASDR is a much better measure than the CDR to evaluate mortality.

The calculation of the ASDR requires age data from the census in addition to vital statistics data.

Assembling all the ASDR's together for every year of life produces a <u>life table</u>.

http://en.citizendium.org/wiki/Demography,_mortality#Age-specific_death_rate_.28ASDR.29



Cohort age-specific death rates VS. **Period** age-specific death rates

The J-Shaped Age-Specific Mortality Curve





Childhood Mortality Rates

Neonatal mortality (NN): the probability of dying within the first month of life.

Post-neonatal mortality (PNN): the difference between infant and neonatal mortality

>Infant mortality $(_1q_0)$: the probability of dying between birth and the first birthday

Child mortality $(_4q_1)$: the probability of dying between exact age one and five

> Under-five mortality ($_{5}q_{0}$): the probability of dying between birth and the fifth birthday





Neonatal Mortality Rate: >Varies remarkably little from country to country > Has shown little susceptibility to reduction under pressure from modern medical science >Low birth weight is one of the major contributors

Infant mortality:

➢Is unevenly distributed throughout the first year of life.

➢Most infant deaths occur in the first six months.

➢ In areas where infant mortality rates are low, a high proportion of infant deaths occur within the first 28 days of life. These early infant deaths often result from congenital defects or injuries at birth − deaths that modern medicine can do very little about U.S. has second worst newborn death rate in modern world, report says Research: 2 million babies die in first 24 hours each year worldwide By Jeff Green CNN

Wednesday, May 10, 2006; Posted: 12:02 p.m. EDT (16:02 GMT)

(CNN) -- An estimated 2 million babies die within their first 24 hours each year worldwide and the United States has the second worst newborn mortality rate in the developed world, according to a new report.

American babies are three times more likely to die in their first month as children born in Japan, and newborn mortality is 2.5 times higher in the United States than in Finland, Iceland or Norway, Save the Children researchers found.

Only Latvia, with six deaths per 1,000 live births, has a higher death rate for newborns than the United States, which is tied near the bottom of industrialized nations with Hungary, Malta, Poland and Slovakia with five deaths per 1,000 births.

Graph: text Page 137 Infant mortality trends in the US 1915 to 2000

USA: In 2003 there were 28,025 infant deaths from all causes.

The 10 leading causes of death are listed below. The remaining causes classified as "All other causes" accounted for 8,796 deaths.

1. Congenital malformation, deformations and chromosomal abnormalities Congenital Malformations accounted for 5,621 deaths.

2. Disorders relating to short gestation and low birth weight (low birthweight)

Low Birth Weight accounted for 4,849 deaths.

3. Sudden Infant Death Syndrome (SIDS)

Sudden infant death syndrome accounted for 2,162 deaths.

4. Newborn affected by maternal complications of pregnancy (maternal complications) Maternal complications accounted for 1,710 deaths.

5. Newborn affected by complications of placenta, cord and membranes

Cord and placental complications accounted for 1,099 deaths.

6. Accidents (unintentional injuries)

Accidents or unintentional injuries accounted for 945 deaths.

7. Respiratory distress of newborn

Respiratory distress of newborn accounted for 831 deaths.

8. Bacterial sepsis of newborn

Bacterial sepsis of newborn accounted 772 deaths.

9. Neonatal hemorrhage

Neonatal hemorrhage accounted for 649 deaths.

10. Diseases of the circulatory system

Diseases of the circulatory system accounted for 591 deaths. Source: http://dying.about.com/od/causes/tp/infantdeath.htm

FIGURE. Infant mortality rate*, by race/ethnicity of mother and year — United States, 1995–2002



- *Per 1,000 live births.
- American Indian/Alaska Native.

⁸ Hispanic mothers might be of any race.

Source: http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5422a1.htm#fig

Lowest and Highest Infant Mortality Rates 2008

Lowest

Infant deaths per 1,000 births
1.6
2.4
2.5
2.7
2.8
3.1
3.1
3.1
3.1
3.5
3.5

Highest

Country	Infant deaths per 1,000 births
Afghanistan	163
Sierra Leone	158
Liberia	133
Angola	132
Guinea-Bissau	117
Somalia	117
Guinea	113
Mozambique	108
Burundi	107
Chad	106

Source: Population reference bureau

Infant mortality as a Human Development Index (one of the indicators of social wellbeing). 177 Countries listed, 2007



The Life Table

Life tables are based on observed mortality (usually by both age and sex), and provide us with information on life expectancy and survivorship



Life table ...

- Abridged life tables are based on five-year age intervals.
- Unabridged life table uses a singleyear age interval.
- ➤The first column contains the most critical life table rate the probability of dying between age x and x + n.

Life table functions (text p. 124)

The Mx function

Age Specific Death Rates (ASDR) can also be symbolized as: <u>Mx</u>





The difference between M_x and q_x is simply that the denominator for the M_x is the population at the middle of the year whereas the denominator for q_x is the population at the start of the year.

For a grouped data (five-year age groups)



$n p_x$: the probability of surviving between exact ages x and x+n

 $n P_x = 1 - n q_x$

l_0 : is an arbitrary number (usually 100,000) called the radix

$$l_x = l_{x-n} \times p_{x-n}$$

 nd_x : the number of persons dying during the interval (this is equal to the number alive at the start of the interval multiplied by the probability of dying during the interval)

$$n^{d}x = l_{x} - l_{x+1}$$

also calculated as

$$n^{d}x = l_{x} \mathbf{X} n^{q}x$$

 ${}_{n}L_{x}$: the number of person-years lived between Exact ages x and x+n. Each person surviving through the interval contributes n person year, while those who die during the interval will contribute only $n \ge n \ge n \ge n$

$$nL_{x} = n(I_{x+n} + 0.5_nd_x)$$

also calculated as

$$n^{\mathbf{L}_{x}} = \frac{n(I_{x} + I_{n+x})}{2}$$
T_x : the total number of personyears lived after exact age x. It is simply the ${}_nL_x$ column cumulated from the bottom

$$\mathbf{T}_{x} = \mathbf{T}_{x+n} + \mathbf{L}_{x}$$

e_x Life expectancy at birth

Since the total number of years left to be lived by l_x people is T_x the expectation of life is just one divided by the other. Thus life expectancy at age x (e_x) is:



Countries With the Highest and Lowest Life Expectancy

Highest				
Country	Years			
Japan	82			
Australia	81			
France	81			
Iceland	81			
Italy	81			
Sweden	81			
Switzerland	81			
Austria	80			
Canada	80			
Israel	80			
Malta	80			
Netherlands	80			
New Zealand	80			
Norway	80			
Singapore	80			
Spain	80			

2007

Lowest

Country	Years
Swaziland	33
Botswana	34
Lesotho	36
Zimbabwe	37
Zambia	38
Malawi	40
Angola	41
Afghanistan	42
Central African Republic	43
Mozambique	43

Source: Population Reference Bureau

Some facts about life expectancy

It is clearly linked to levels of economic development (GNP per capita would a good independent variable to do a term paper on this)

HIV/AIDS has reduced life expectancy in several African countries

Eastern Asia led by China had made a remarkable gain of 26 years from 1950-1990 (Africa only gained 14 years during this period) The gap between the lowest and highest is now 50 years.

Lifespan vs. Life expectancy

Lifespan is "... the absolute number of years humans hope to survive" "Jeanne Calmet died in her native France in 1997 at the age of 122, having lived longer than anyone else whose age had actually been confirmed."

Life expectancy is "...the average number of years a person can expect to live".

Important facts about life span and life expectancies:

> Evolutionarily speaking, there is no reason why any creature should live beyond its reproductive years. We humans escape this cruel contract – no predator.

➤ The world average life expectancy has more than doubled in the last 100 years, from 30 in 1900 to almost 66 in 2000 (80+ in some developed countries of the world)

Some societies/groups have achieved long life expectancies without much modernization at all – Sardinians, Okinawans, and some Adventists.

➤ "For every living thing aging is a fact of life...only humans seek to alter the natural process"

> Due to ongoing breakdowns on the molecular level humans will continue to age and ultimately die regardless of all efforts to control one disease or another.

Mortality vs. Morbidity Morbidity or illness/disease may or may not result in death. **Morbidity Transition** The role of diseases in overall death rates has changed over time, leading to the emergence of the "epidemiologic transition" theory (first described by Abdel Omran in 1977)

Disease dichotomies: Congenital vs. acquired Communicable/Infectio us vs. degenerative Chronic vs. acute

Epidemiologic transition

➢ The theory focuses on the shifting web of health and disease patterns on population groups

➢ Many countries have undergone a significant transition (especially after World War II)

➢ The Old World epidemics of infection are progressively (but not completely) being replaced by degenerative diseases, diseases due to stress, and man-made diseases.

"Thus, typhoid, tuberculosis, cholera, diphtheria, plague, and the like decline as the leading diseases and causes of death, to be replaced by heart disease, cancer, stroke, diabetes, gastric ulcer, and the like, together with increased mental illnesses, accidents, diseases due to industrial exposure, and, now, diseases which can be traced to a deteriorating environment."

Stage 1: The age of Pestilence and Famine

Mortality is high and fluctuating, thus precluding sustained population growth; life expectancy between 20 and 40 years

Stage 2: The age of Receding Pandemics

Mortality declines progressively, epidemic peaks become less frequent or disappear ; life expectancy 30 to 50 years

Stage 3: The age of Degenerative and Man-made Diseases

Mortality continues to decline and eventually approaches stability at a relatively low level. Average life expectancy at birth rises gradually until it exceeds 70 years; fertility becomes the crucial factor in population growth.

Transition continues:

- >Obesity/lifestyle-related diseases are on the rise in developed countries, and now in developing countries
- ➢At least 30 previously unknown diseases have emerged in the last 30 years.
- ➤"Old" diseases, including TB are making a strong come back, even in developed countries

➤A concern about future influenza epidemics has strengthened with the emergence of the bird flu – the H5N1 virus – and many are warning that the interconnectedness of the global economy today and the thousands of daily jet flights across the globe, could make the next influenza pandemic more deadly than the ones before.

Causes of Death

in Developed countries : <u>USA</u>

Disease of the heart and malignant neoplasms (cancer) account for half of all deaths.

➢ Geographic variations are evident (e.g. highest death rates from heart disease are in the South)

>Major differences exist between racial groups (see slides below)

USA Top ten causes of deaths: Number of Deaths (USA)

Heart disease:	652091	222.7*
Cancer:	559312	187.1
Stroke (cerebrovascular diseases):	143579	51.1
Chronic lower respiratory diseases:	117809	42.2
Accidents (unintentional injuries):	117809	37
Diabetes:	75119	24.8
Alzheimer's disease:	71599	22.4
Influenza/Pneumonia:	63001	20.9
Nephritis, nephrotic syndrome, and nephrosis:	43901	14.3
Septicemia:	34136	11.2

http://www.cdc.gov/nchs/fastats/deaths.htm

* This column shows rates per 100,000. Source: Text p. 130

USA

	Risk i		
	Annual	Lifetime	
Diseases of the heart	415	5	
Malignant neoplasm	515	7	
Cerebrovascular disease	1786	23	
Chronic lower respiratory	2273	29	
Accidents	2703	35	
Diabetes mellitus	4000	52	
Influenza and pneumonia	4348	56	
Alzhemier's disease	5000	65	
syndome, nephrosis	7143	92	
Septicaemia	8333	108	

http://www.medicine.ox.ac.uk/bandolier/booth/Risk/top15usa.html

Mortality Differentials

Age differentials

Age is the single most

- important determinant of a
- person's likelihood of dying

between any given time t and a future time t+n However, even though young age is a time of relative "immortality" in the developed world (only 2% of the dead are children), in the developing counties children under five account for the bulk of all deaths taking place annually (50%). This is due, primarily, to infectious diseases.

USA (2004) Differences within...

- White population, 785.3 deaths per 100,000 U.S. standard population
- Black population, 1,016.5
- American Indian or Alaska Native (AIAN) population, 663.4
- Asian or Pacific Islander (API) population, 440.2

Source: http://www.cdc.gov/nchs/fastats/deaths.htm

Differential in Infant Mortality Racial/Class (see below):



Figure 3. Infant mortality rates by race and ethnicity: United States, 2000 and 2005

Source: http://www.cdc.gov/nchs/data/databriefs/db09.htm#arethere

"In 2005, there was a more than threefold difference in infant mortality rates by race and ethnicity, from a high of 13.63 for non-Hispanic black women to a low of 4.42 for Cuban women."

"These differences may relate in part to differences in risk factors for infant mortality such as preterm and low birth weight delivery, socioeconomic status, access to medical care, etc. However, many of the racial and ethnic differences in infant mortality remain unexplained."

http://www.cdc.gov/nchs/data/databriefs/db09.htm#arethere

Sex Differentials

"The risk of death appears to be greater for males at all ages. Even among fetal deaths males are more likely to die. No simple explanation of these sex mortality differentials has been accepted..." **Theories of female biological**

superiority – both humans and other animals - abound.

Sex Differentials

Some examples: USA

➤• Between 1990 and 2003 mortality from lung cancer declined for men and increased for women. Although these trends reduced the sex differential for this cause of death, the age-adjusted death rate for lung cancer was still 74 percent higher for men than for women in 2003 (preliminary data).

➤• Since 1990 mortality from chronic lower respiratory diseases remained relatively stable for men while it increased for women. These trends reduced the gap between the sexes for this cause of death. In 1990 the age-adjusted death rate for males was more than 100 percent higher than for females. In 2003 (preliminary data) the difference between the rates had been reduced to 38 percent.

➤• In 2003 life expectancy at birth for the total population reached a record high of 77.6 years (preliminary data), up from 75.4 years in 1990.

➤• Between 1990 and 2003 life expectancy at birth increased 3.0 years for males and 1.3 years for females (preliminary data). The gap in life expectancy between males and females narrowed from 7.0 years in 1990 to 5.3 years in

2003. [source: http://www.cdc.gov/women/natstat/deaths.htm]

Geographical Differential

Medical Geography. Geog. 496 (Next semester)

e.g. USA

Read newspaper article below

Washington Post 23 October 2002

Breast Cancer Puzzle in Marin

California County's Rate of Disease Is Almost 40% Higher Than U.S. Norm

> By Katherine Ellison Special to The Washington Post Page A03

SAN RAFAEL, Calif. -- Marin County, long-famed as a mecca for wealthy hot-tubbers, has recently acquired a darker distinction. Women in these scenic valleys north of San Francisco are being diagnosed with invasive breast cancer at a higher rate than experts have found anywhere else in the United States.

Over the past five years, non-Hispanic white women, the hardesthit group in this county, have received a diagnosis of breast cancer at a rate nearly 40 percent higher than the national norm. Just as striking is how the rate steadily climbed through the 1990s, increasing 37 percent, compared with 3 percent for the rest of the San Francisco Bay Area.

Source: http://www.ourstolenfuture.org/commentary/News/2002/2002-1023-WashPost-CAbreastcancer.htm

>"The mapping of diseases has received much attention ...". > "The analysis of geographical variations in health care provision and consumption is another area of concern to geographers"

HIV/AIDS:

Effects on mortality rates and life expectancy

- More than 25 million people have died of AIDS already
- Sub-Sahran Africa has the highest rate of HIV infection
- Eastern Europe and Central Asia experiencing the fastest rate of new infections

>Women's rate of infection has surpassed men's especially in poor countries where women live in poverty and have low status

Multiple sex partners and prostitution is helping fan the epidemic around the world

>Rapid growth in the number of orphans

>Age structures being altered, especially in southern Africa

> Decreased life expectancy, especially in southern Africa

"AIDS is destined to alter history in Africa – and, in fact the world – to a degree not seen in humanity's past since the black death"

➢95% of cases in Less Developed Countries (LDCs)

Social taboos and stigmatization following positive test results are helping keep the disease under wraps while it continues to decimate communities and tear at the basic social fabrics of family and communal life.

The cost of treatment = \$1000/mo. In the US
 Roughly 75% of HIV infections world wide are a result of unprotected sexual intercourse.

➢ The number of orphans world wide could reach 25 million by 2010 (many of them HIV positive themselves)

Population projections being revised to take into account the impacts of HIV/AIDS

AIDS kills but large segments of the population in the Third World knows very little about the disease

➢USA: About 45,000 new cases each year (predominantly males, except among African Americans).

See text page 152, Table 5-13 for break downs by population sub-groups

USA estimated number of Persons living with HIV/AIDS

			0005	~~~~
	2003	2004	2005	2006
Data for 33 states				
Age at end of year (yrs)				
<13	4,154	3,700	3,294	2,867
13–14	1,130	1,238	1,212	1,139
15–19	3,298	3,627	4,024	4,539
20–24	12,389	12,826	13,411	14,301
25–29	26,167	26,924	28,164	29,600
30–34	49,602	47,577	45,109	44,189
35–39	80,703	77,871	75,842	73,634
40–44	92,040	97,109	100,102	101,764
45–49	71,345	77,490	83,816	90,283
50–54	45,133	51,033	56,640	63,195
55–59	22,793	26,610	31,186	36,008
60–64	10,820	12,642	14,422	16,658
<u>></u> 65	8,531	9,959	11,657	13,551

http://www.cdc.gov/hiv/topics/surveillance/resources/reports/2006report/pdf/table8.pdf

Race/ethnicity	2003	2004		2005	2006	-
White, not Hispanic	145,081	151,694	158	3,375	166,000	
Black, not Hispanic	202,951	212,425	22	1,439	231,957	
Hispanic	72,612	76,503	80	0,491	84,720	
Asian/Pacific Islander	2,234	2,529	-	2,858	3,187	
American Indian/Alaska Native	1,788	1,889	4	2,008	2,119	
Transmission category	200	3 2	2004	20	05	2006
Male adult or adolescent -						
Male-to-male sexual contact	181,	771 19	3,245	205,4	423 2	18,676
Injection drug use	57,0	651 5	8,149	58,3	369	59,077
Male-to-male sexual contact and injection drug use	e 23,9	965 2	4,434	24,7	725	25,085
High-risk heterosexual contact ^a	40,0	084 4	2,559	44,9	915 -	47,562
Other ^b	3,2	218	3,278	3,3	325	3,424
Subtotal	306,0	589 32	1,665	336,	756 3	53,825
Female adult or adolescent						
Injection drug use	32,3	346 3	2,735	32,9	973	33,470
High-risk heterosexual contact ^a	80,3	324 8	5,348	90, ⁻	185	95,403
Other ^b	2,0	036	2,123	2,2	212	2,321
Subtotal	114,	705 12	0,206	125,	370 1	31,195

USA: New HIV Infections

	Y	Year of diagnosis			
	2003	2004	2005	2006	
Data for 33 states					
Age at diagnosis (yrs)					
<13	211	183	169	135	
13–14	53	36	40	41	
15–19	993	993	1,126	1,332	
20–24	3,163	3,368	3,592	3,886	
25–29	4,023	4,057	4,236	4,603	
30–34	5,189	4,820	4,676	4,466	
35–39	6,369	5,807	5,535	5,442	
40–44	5,786	5,429	5,529	5,718	
45–49	4,028	3,877	4,028	4,204	
50-54	2,451	2,401	2,547	2,718	
55–59	1,279	1,363	1,455	1,438	
60–64	655	702	692	714	
<u>≥</u> 65	570	624	613	618	

USA: New HIV Infections	2003	2004	2005	2006
Race/ethnicity				
White, not Hispanic	10,033	10,181	10,528	10,758
Black, not Hispanic	17,668	16,718	16,629	17,356
Hispanic	6,355	6,010	6,217	6,481
Asian/Pacific Islander	338	339	373	397
American Indian/Alaska Native	179	171	182	166
Transmission category				
Male adult or adolescent				
Male-to-male sexual contact	15,409	15,880	16,833	17,465
Injection drug use	3,514	3,083	2,978	3,016
Male-to-male sexual contact and injection drug use	1,349	1,299	1,247	1,180
High-risk heterosexual contact ^a	4,269	3,959	3,871	4,152
Other ^b	125	110	107	114
Subtotal	24,666	24,331	25,036	25,928
Female adult or adolescent				
Injection drug use	2,027	1,856	1,720	1,712
High-risk heterosexual contact ^a	7,731	7,182	7,216	7,432
Other ^b	134	107	97	109
Subtotal	9,892	9,145	9,033	9,252

Maternal Mortality



Source: http://www.abdn.ac.uk/immpact/resources/slides/burden.pdf



Source: http://www.abdn.ac.uk/immpact/resources/slides/burden.pdf



Region	Maternal mortality ratio (maternal deaths per 100,000 live births)	Number of maternal deaths	Lifetime risk of maternal death, 1 in:
WORLD TOTAL	400	529,000	74
DEVELOPED REGIONS*	20	2,500	2,800
Europe	24	1,700	2,400
DEVELOPING REGIONS	440	527,000	61
Africa	830	251,000	20
Northern Africa*	** 130	4,600	210
Sub-Saharan Afr	ica 920	247,000	16
Asia	330	253,000	94
Eastern Asia	55	11,000	840
South-central As	ia 520	207,000	46
South-eastern As	sia 210	25,000	140
Western Asia	190	9,800	120
Latin America and the Carib	bean 190	22,000	160
Oceania	240	530	83

* Includes, in addition to Europe, Canada, the United States of America, Japan, Australia and New Zealand, which are excluded from the regional totals.
** Excludes Sudan, which is included in sub-Saharan Africa.


Maternal Mortality

Afghanistan

http://www.irinnews.org/audiofiles/lh_high.html